Augmentative & Alternative Communication (AAC)

What is AAC?

AAC is any system that supports or replaces verbal speech for communication.

High tech AAC is anything 'technological' and low tech AAC is anything which does not require any form of technology.

Examples of high tech AAC that we currently use at MKS are:

- Using a **BIGmack** – e.g., to say 'good morning'
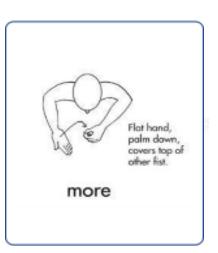- Using **TouchChat** on the iPad – e.g., to request a favourite activity

Examples of low tech AAC that we use at MKS are:

- Using **Makaton** or **gesture** – e.g., to ask for 'more'
- Using an **object** to request – e.g., nappy to request toilet
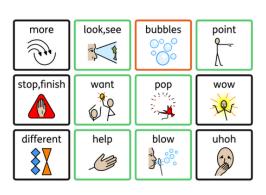- Using symbols on a **communication board** – e.g., to request colours for drawing
- Using a **paper and pen** – e.g., to write down key words in a message
- Using **body language**, **facial expressions** and **tone of voice** – e.g., to emphasise emotions

Makaton	communication board	facial expression